



**Fun, Learning and
Achievement**

Final
July 2024
Eliminator

NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2024-25

NFYFC Ballroom Dancing

(28 & Under)

RULES

To note: Rise and Fall should not be included in the mark scheme when this competition is next held. LH 24.7.19

COMPETITION AIM

To provide YFC members with the opportunity to put their training to the test and demonstrate their ballroom dancing skills in a competition environment. Members are provided with constructive feedback and advice from the industry experts for their future development.

LEARNING OUTCOMES

Choreography and composition, musicality, characterisation, movement, performing, confidence, decision-making, teamwork and personal development skills.

REMINDER: Read in conjunction with **NFYFC General Rules**. Further information can be found at <http://www.nfyfc.org.uk/document.aspx?docid=32623>

1. DATE & VENUE

1.1. After Area Finals, the National Final will be held on Competitions Day, **Saturday 28th July 2025** at Staffordshire Showground.

2. REPRESENTATION

2.1. Counties may enter one team per 600 members or part thereof in Area Eliminators.

2.2. Areas will be represented in the final by one team per 3,000 members or part thereof. (Northern Area 2, Eastern Area 1 and East Midlands 1, West Midlands Area 1, South West Area 2, South East Area 1 and Wales 2)

3. ELIGIBILITY

3.1. The team may consist of between 6 and 10 members, all of whom must be 28 years of age or under on 1st September 2024 and a full member of a Club affiliated to the NFYFC. The team must consist of a minimum of 2 members of the opposite gender.

4. SUBSTITUTION

4.1. If more than 3 of the original team are unable to proceed; the next highest scoring team will represent that area.

4.2. **All substitutes must have been eligible to compete in the County Final.**

5. PROCEDURE

~~5.1.~~ The Team is to perform a 'showdance' to open a show (like Strictly Come Dancing). The routine is to be between 3-5 minutes long and must contain at least four different ballroom and Latin dance genres. **Penalties - time deductions are one mark for each half-minute (or part thereof) over OR under the allocated time.**

5.2. The Team must perform at least two genres from Ballroom, and two genres from Latin. The performance may have other genres involved in order to assist with the flow/sequencing of the performance.

5.3. The performance is a 'showdance' so will have a specific ending. For this reason, there will be no additional time for a bow/curtsey at the end of the performance.

5.4. Props may be used, but the teams must provide them on the day – unless otherwise confirmed.

- 5.5. Competitors to note that if including lifts in their routine they must be no more than 1½ persons high (a member sitting on another member's shoulders = 1½ members high).
- 5.6. At the NFYFC Final the size of the dance area will be in the region of 10m x 10m (to be confirmed finally nearer the time depending on venues used at County, Area and NFYFC rounds of the competition – the County will confirm detail of the county final, the Area will confirm detail of the Area Eliminator and the NFYFC will confirm detail of the NFYFC Final).
- 5.7. Any coach or trainer present at the competition, must not demonstrate the dance moves for teams to follow when they are taking part in the competition.
- 5.8. Music to be submitted to NFYFC no later than **Friday 13th June 2025** via audio file using WeTransfer. For the County and Area rounds, it is recommended to use a CD or memory stick.
- 5.9. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue licence holders) for the final of the competition. This form must be completed and returned to the NFYFC prior to the performance.
- 5.10. All music must be, at every round, a **Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.**
- 5.11. The Genres the team may choose from are:

<u>Ballroom (2)</u>	<u>Latin (2)</u>
Waltz	Cha Cha Cha
Foxtrot	Samba
Tango	Rumba
Viennese Waltz	Paso Doble
Quickstep	Jive

6. Scale of Marks

Posture	20
Timing	30
Musicality & Expression	20
Line	20
Footwork	20
Overall Presentation	30
Synchronisation	20
<u>Technique</u>	
Hold	10
Rise & Fall	10
Hip Action	10
Leg Action	10
<u>Total</u>	<u>200</u>
<u>Total</u>	<u>190</u>

7. Awards

- 7.1. **Peter Smith Trophy** and NFYFC Prize Cards to winning team.
- 7.2. NFYFC Awards and Prize Cards to teams placed 2 and 3.
- 7.3. NFYFC Certificates of Achievement will be awarded to teams participating in the NFYFC Final.

8. NOTES

- 8.1. **IMPORTANT:** Competitors are reminded to read carefully the General Rules relating to National Competitions if they are taking part in this Competition. These are available from the NFYFC website.
- 8.2. Members will be disqualified if they are not at the Presentation of Awards without prior permission being granted.